

**STATE OF ALASKA  
DEPARTMENT OF HEALTH & SOCIAL SERVICES  
SITUATION REPORT**

Incident Name/#: **09 H1N1 Influenza Outbreak/AK-DHSEM-09-Z-005**  
 Jurisdiction(s) Name: Statewide Influenza A(H1N1)  
 Date/Time: 20 November 2009/1600  
 Prepared By: Lisa Witzleben, Deputy Situation Unit Leader  
 Next Update: 24 November 2009 @ 1600

**Current phase of alert in the WHO global influenza preparedness plan**

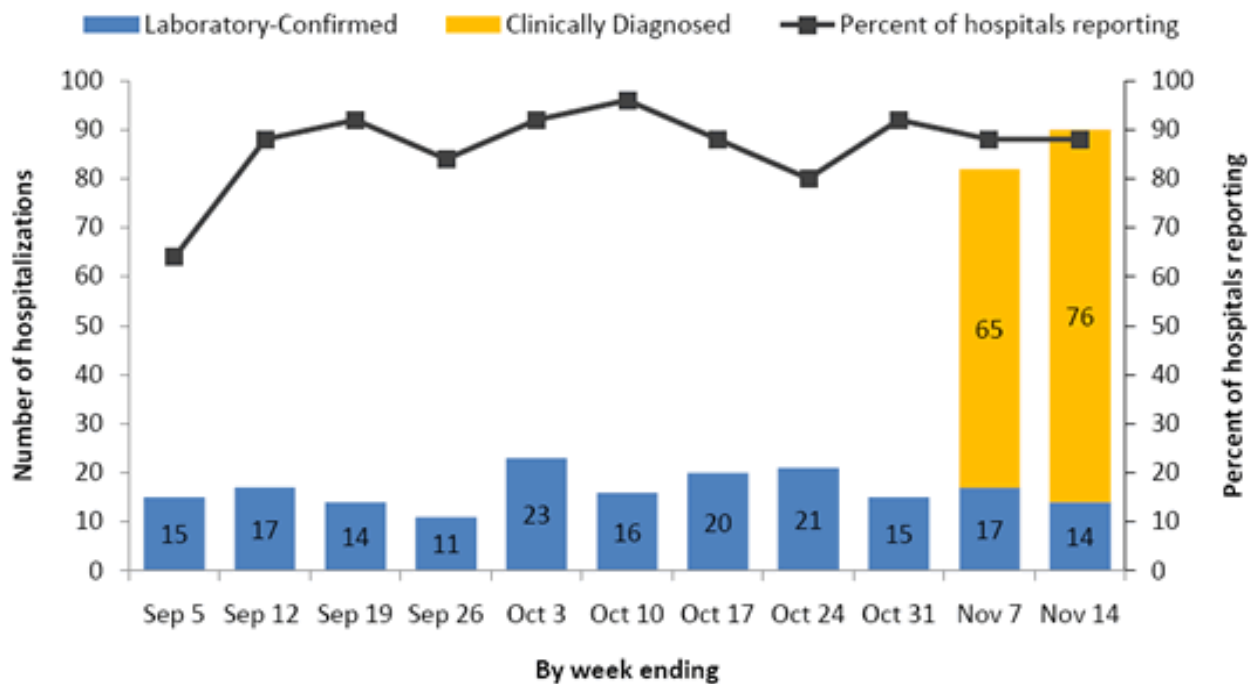
The current World Health Organization phase of pandemic alert is 6. Phase 6 is the pandemic phase, characterized by community level outbreaks in at least one other country in a different WHO region in addition to the criteria defined in Phase 5. Designation of this phase will indicate that a global pandemic is under way.

**Influenza Case Status: Alaska and United States**

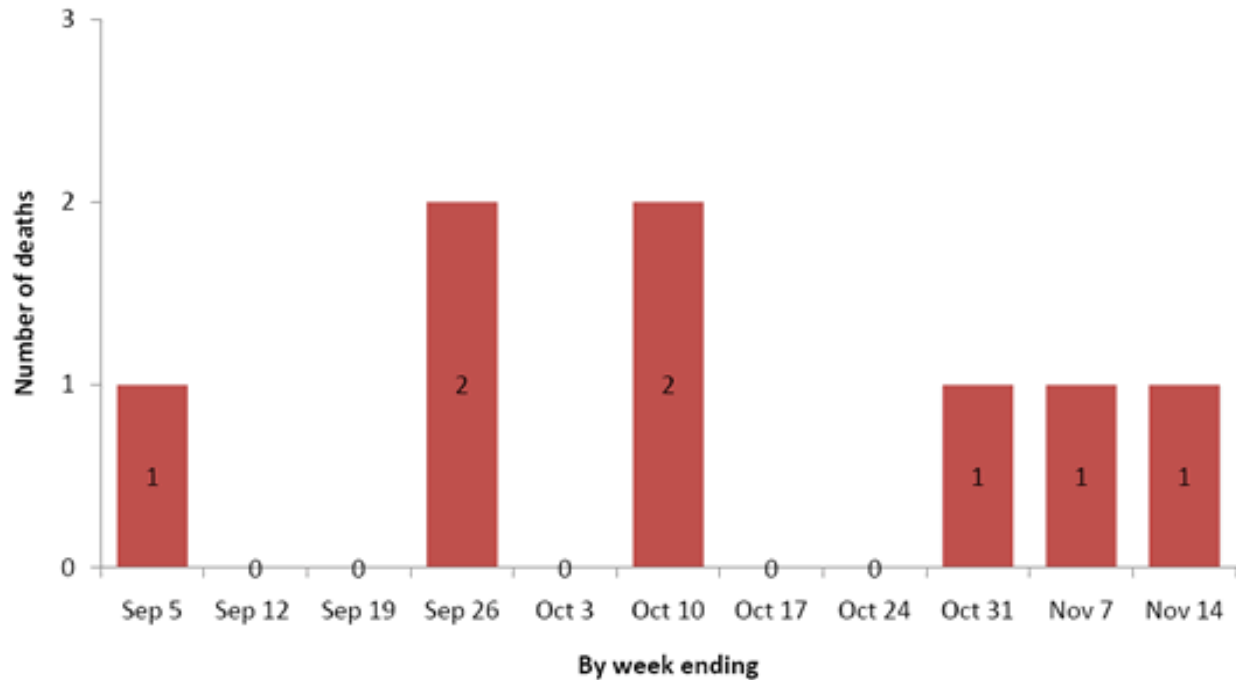
\*There is a declared U.S. Public Health Emergency.

**Alaska Update**

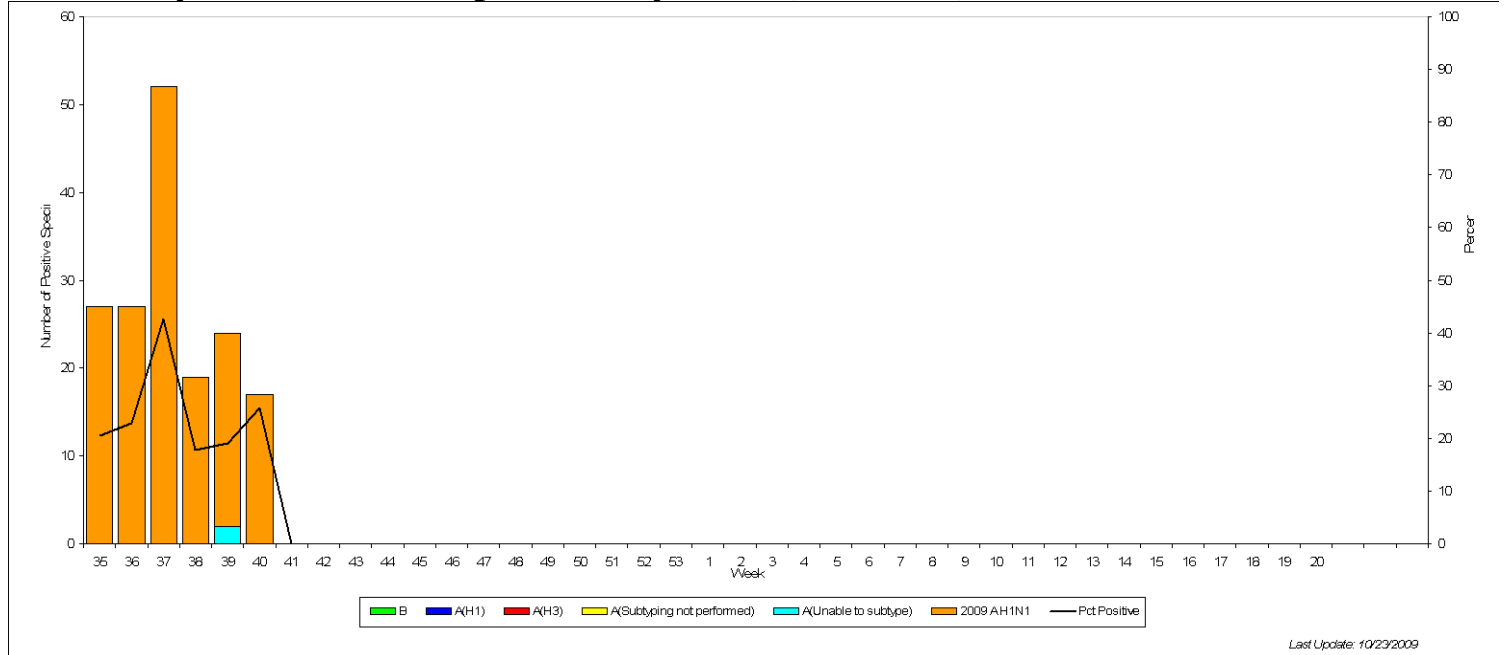
**Hospitalizations (n=324) for Pneumonia and  
Influenza by Week's End from September 1  
through November 14, 2009**



## Laboratory-Confirmed Influenza Deaths (n=8) by Week's End from September 1 through November 14, 2009



## Laboratory Confirmed Flu Specimens by Week (2008-2009)



*Last Update: 10/23/2009*

**For updated Alaska H1N1 Epidemiological information go to the “Alaska Influenza Surveillance Report” link at <http://www.pandemicflu.alaska.gov/>**

<b>UNITED STATES</b> (updated 11/20/09)	
Hospitalized Cases	Deaths
26,315 cases	1,049 deaths

\*Alaska and U.S. reporting numbers reset as of September 1, 2009 for the Fall Flu Season and indicate all flu cases, not just H1N1 influenza.

\*\*U.S. reporting numbers, as of November 1, 2009, only indicate lab confirmed hospitalizations and deaths.

### **This week's World Health Organization Influenza A(H1N1) Update, #73**

6 November 2009 -- As of 1 November 2009, over 199 countries and territories have officially reported over 482,300 cases of influenza A(H1N1) infection, including at least 6,071 deaths.

### **Alaska DHSS EOC Activities**

<b>Open Alternate Care Sites in Alaska</b> (updated 11/20/09)	
Community	Location & Date Opened
None	None

<b>School Closures in Alaska</b> (updated 11/20/09)	
Community	Number of Closed Schools
None	0

### **Influenza A (H1N1) Completed Activities:**

- DHSS EOC activated on September 30 at the State Public Health Lab in Anchorage. State Joint Information Center activated in the same location on the same date.
- **Since May 1, 2009 the State of Alaska has had 347 hospitalized cases and 10 deaths related to novel H1N1. Please see the State of Alaska Pandemic Influenza web site for the updated reporting guidelines.**
- Nine states and one territory have declared Public Health emergencies related to H1N1 while three states have declared a state of emergency.
- To date, Alaska has been allocated 131,000 doses of H1N1 vaccine with 96,040 of those having been shipped to public health and private providers, hospitals, pharmacies, and universities who have signed up in the state's VacTrAK vaccine tracking system. As of today, 371 providers have started the VacTrAK registration process with 328 of those completing the process.
- The DHSS EOC shipped over 19,000 N95 masks to hospitals, primary care providers, and public health centers across the state.
- The Joint Information Center is actively working with statewide media outlets.

- DHSS Public Information and H1N1 Subject Matter Experts are appearing on radio news and talk programs across the state. Appearances are in support of H1N1 vaccine distribution and public education on flu prevention measures.

## **For daily updated Alaska H1N1 information go to**

<http://www.pandemicflu.alaska.gov/>

### **Current Activities:**

1. Provide coordinated H1N1 information to Alaskan communities, health care partners, and the general public.
2. Maintain situational awareness at both the state and federal level.
3. Provide H1N1 information and briefings as requested for community events.
4. Translate key public health information into needed languages.
5. Pre-register 375 providers in the VacTrAK system.
6. Produce a weekly Situation Report.

### **Current Federal Reporting Requirements:**

1. ASPR: weekly HavBed hospital report due every Wednesday by 12 p.m. EST.
2. CDC: Epidemiology weekly flu surveillance report.
3. CDC: monthly vaccine dispensing update starting November 11, 2009 for the previous month.
4. School Closures: Department of Education weekly update.
5. CDC: weekly report from the Labs on isolates tested from sentinel lab sites.
6. SNS: weekly report due Fridays on status of state and local stockpiles of masks and Tamiflu and weekly usage of each.
7. NIOSH: Hospitalized Health Care Workers with H1N1

### **Travel Advisories**

The World Health Organization is not recommending travel restrictions related to the outbreak of the influenza A(H1N1) virus. Individuals who are ill should delay travel plans and returning travelers who fall ill should seek appropriate medical care. These recommendations are prudent measures which can limit the spread of many communicable diseases, including influenza.

### **What You Can Do to Stay Healthy**

- **Stay informed.** This website will be updated regularly as information becomes available.
- Influenza is thought to **spread mainly person-to-person** through coughing or sneezing of infected people.
- **Take everyday actions to stay healthy.**
  - Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
  - Wash your hands often with soap and water, especially after you cough or sneeze. Alcohol-based hands cleaners are also effective.
  - Avoid touching your eyes, nose or mouth. Germs spread that way.
  - Stay home if you get sick. CDC recommends that you stay home from work or school and limit contact with others to keep from infecting them.

- **Follow public health advice** regarding school closures, avoiding crowds and other social distancing measures.
- **Develop a family emergency plan** as a precaution. This should include storing a supply of food, medicines, facemasks, alcohol-based hand rubs and other essential supplies.
- Call 1-888-9PANFLU for more information.

## **Emergency Operations Contact Information**

- State EOC (SECC) Operations: Open for normal operations.  
**Hours of Operation:** M-F 0700 - 1700 **Phone:** (907) 428-7100
- DHSS EOC: Open for normal operations.  
**Hours of Operation:** M-F 0800 – 1630 **Phone:** (907) 269-3046  
**E-Mail:** [dhsseoc@alaska.gov](mailto:dhsseoc@alaska.gov)

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