

**STATE OF ALASKA
DEPARTMENT OF HEALTH & SOCIAL SERVICES
SITUATION REPORT**

Incident Name/#: **09 H1N1 Influenza Outbreak/AK-DHSEM-09-Z-005**
Jurisdiction(s) Name: Statewide Influenza A(H1N1)
Date/Time: 6 November 2009/1200
Prepared By: Jamie Littrell, Situation Unit Leader
Next Update: 10 November 2009 @ 1600

Current phase of alert in the WHO global influenza preparedness plan

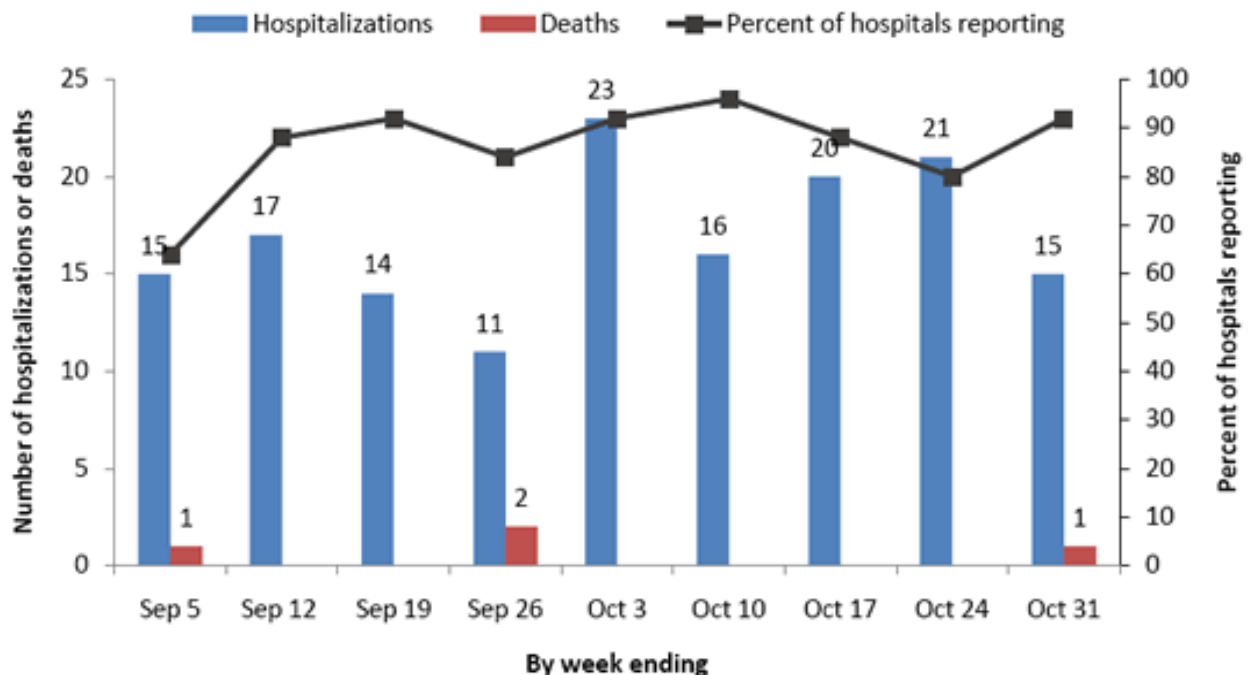
The current World Health Organization phase of pandemic alert is 6. Phase 6 is the pandemic phase, characterized by community level outbreaks in at least one other country in a different WHO region in addition to the criteria defined in **Phase 5**. Designation of this phase will indicate that a global pandemic is under way.

Influenza Case Status: Alaska and United States

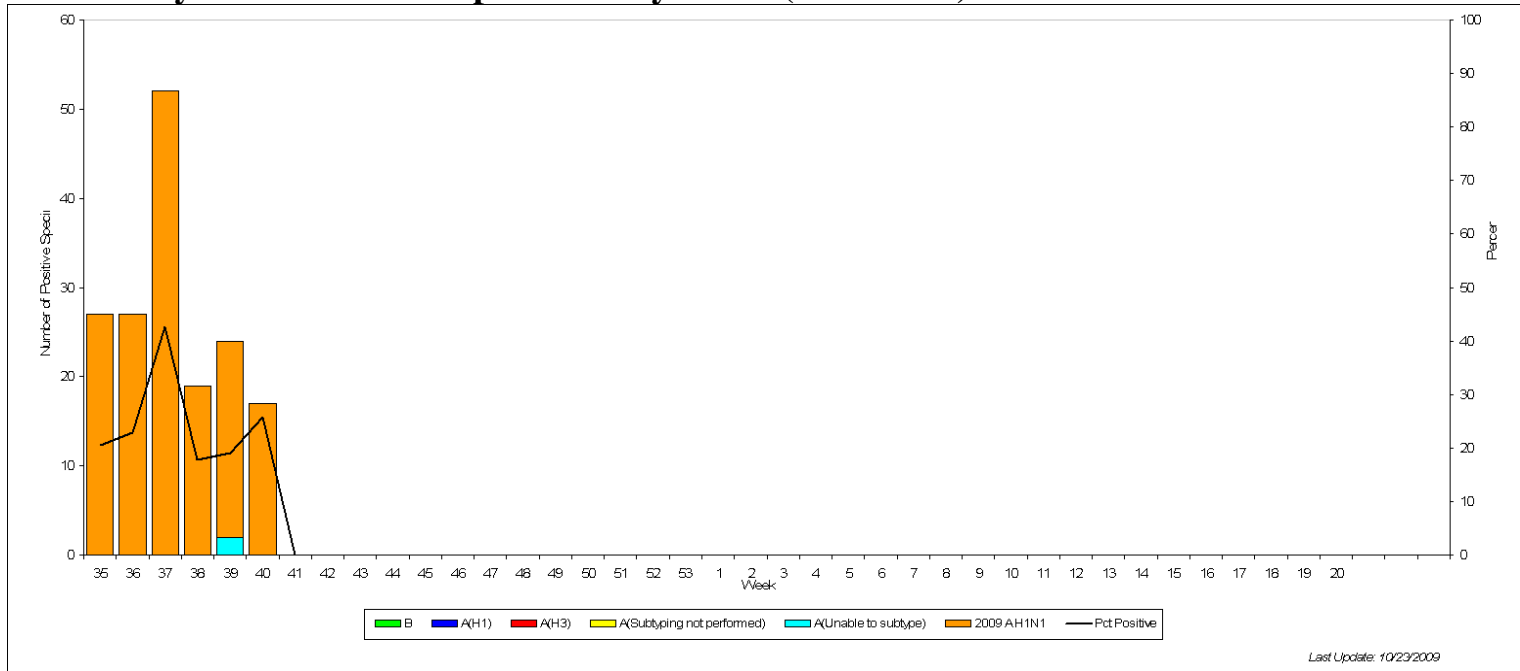
***There is a declared U.S. Public Health Emergency.**

Alaska Update

**Laboratory-Confirmed Influenza Hospitalizations
(n=152) and Deaths (n=4) by Week's End from
September 1 through October 31, 2009**



Laboratory Confirmed Flu Specimens by Week (2008-2009)



For updated Alaska H1N1 Epidemiological information go to the “Alaska Influenza Surveillance Report” link at <http://www.pandemicflu.alaska.gov/>

UNITED STATES (updated 11/3/09)	
Hospitalized Cases	Deaths
17,838 cases	672 deaths

*Alaska and U.S. reporting numbers reset as of September 1, 2009 for the Fall Flu Season and indicate all flu cases, not just H1N1 influenza.

**U.S. reporting numbers, as of November 1, 2009, only indicate lab confirmed hospitalizations and deaths.

This week’s World Health Organization Influenza A(H1N1) Update, #73

6 November 2009 -- As of 1 November 2009, over 199 countries and territories have officially reported over 482,300 cases of influenza A(H1N1) infection, including at least 6,071 deaths.

Alaska DHSS EOC Activities

Open Alternate Care Sites in Alaska (updated 11/6/09)	
Community	Location & Date Opened
None	None

School Closures in Alaska (updated 11/6/09)	
Community	Number of Closed Schools
None	0

Influenza A (H1N1) Completed Activities:

- DHSS EOC activated on September 30 at the State Public Health Lab in Anchorage. State Joint Information Center activated in the same location on the same date.
- **Since May 1, 2009 the State of Alaska has had 175 hospitalized cases and 6 deaths related to novel H1N1.**
- Nine states and one territory have declared Public Health emergencies related to H1N1 while three states have declared a state of emergency.
- To date, Alaska has shipped out 93,200 doses of H1N1 vaccine. The vaccine has been shipped to public health and private providers, hospitals, pharmacies, and universities who have signed up in the state's VacTrAK vaccine tracking system. As of today, 365 providers have started the VacTrAK registration process with 318 of those completing the process.
- The Mass Dispensing Clinic Tool Kit for communities was posted to the www.pandemicflu.alaska.gov web site for download by communities. CDs were made for both the tool kit and Just-In-Time training for nurses on the Alaska Nurse Alert System and distributed throughout the state.
- The Joint Information Center is actively working with statewide media outlets.
 - The Alaska Pandemic Flu Flyer was inserted in all newspapers in Anchorage, Fairbanks, Juneau, the Mat-Su Borough, and the Kenai Peninsula Borough. The flu insert was distributed in all rural Alaska weekly newspapers on October 29. An additional 50,000 copies of the newspaper insert are being distributed to Public Health Centers, hospitals, and other locations in communities across the state.
 - DHSS Public Information and H1N1 Subject Matter Experts are appearing on radio news and talk programs across the state. Appearances are in support of H1N1 vaccine distribution and public education on flu prevention measures.

For daily updated Alaska H1N1 information go to

<http://www.pandemicflu.alaska.gov/>

Current Activities:

1. Provide coordinated H1N1 information to Alaskan communities, health care partners, and the general public.
2. Maintain situational awareness at both the state and federal level.
3. Provide H1N1 information and briefings as requested for community events.
4. Translate key public health information into needed languages.
5. Pre-register 370 providers in the VacTrAK system.
6. Produce a weekly Situation Report.

Current Federal Reporting Requirements:

1. ASPR: weekly HavBed hospital report due every Wednesday by 12 p.m. EST.
2. CDC: Epidemiology weekly flu surveillance report.
3. CDC: monthly vaccine dispensing update starting November 11, 2009 for the previous month.
4. School Closures: Department of Education weekly update.
5. CDC: weekly report from the Labs on isolates tested from sentinel lab sites.
6. SNS: weekly report due Fridays on status of state and local stockpiles of masks and Tamiflu and weekly usage of each.
7. NIOSH: Hospitalized Health Care Workers with H1N1

Travel Advisories

The World Health Organization is not recommending travel restrictions related to the outbreak of the influenza A(H1N1) virus. Individuals who are ill should delay travel plans and returning travelers who fall ill should seek appropriate medical care. These recommendations are prudent measures which can limit the spread of many communicable diseases, including influenza.

What You Can Do to Stay Healthy

- **Stay informed.** This website will be updated regularly as information becomes available.
- Influenza is thought to **spread mainly person-to-person** through coughing or sneezing of infected people.
- **Take everyday actions to stay healthy.**
 - Cover your nose and mouth with a tissue when you cough or sneeze. Throw the tissue in the trash after you use it.
 - Wash your hands often with soap and water, especially after you cough or sneeze. Alcohol-based hands cleaners are also effective.
 - Avoid touching your eyes, nose or mouth. Germs spread that way.
 - Stay home if you get sick. CDC recommends that you stay home from work or school and limit contact with others to keep from infecting them.
- **Follow public health advice** regarding school closures, avoiding crowds and other social distancing measures.
- **Develop a family emergency plan** as a precaution. This should include storing a supply of food, medicines, facemasks, alcohol-based hand rubs and other essential supplies.
- Call 1-888-9PANFLU for more information.

Emergency Operations Contact Information

- State EOC (SECC) Operations: Open for normal operations.
Hours of Operation: M-F 0700 - 1700 **Phone:** (907) 428-7100

- DHSS EOC: Open for normal operations.
Hours of Operation: M-F 0800 – 1630 **Phone:** (907) 269-3046
E-Mail: dhsseoc@alaska.gov

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